



**PRISON REGENERATION FELLOWSHIP**

Florida Prison Ministries  
P.O. Box 162685  
Altamonte Springs, FL 32716

**ADDRESS CORRECTION REQUESTED**

LESS  
OF ME  
**more**  
of  
Jesus

*Remember those in prison as if you were their fellow prisoners...*

**HEBREWS 13:3**



## Regeneration Fellowship Newsletter

Vol. 35 No. 4

Director:

John Mills

*An outreach of the  
Florida Prison Ministries*



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We often say that we are Christians. We go to church. We read our Bibles and study our Bible lessons. We read or watch Christian material. But what we are learning must translate to our life and conduct (see Quotes and Quips, page 2).

This is where I often fail. How many times have I studied or read Scriptures about patience, yet later find myself impatient with my spouse? How many times have I spouted about someone's lack of humility without realizing I am also betraying my own? How many times do I read about the evils of worldliness, yet I can't put down my phone? I'm sure you get the picture.

Yes, we are all works in progress, but as such, we should be progressing. If Christ has the power to transform, it should be witnessed in our own lives. Our life should reflect not only our love for Him but also "His love at work in us," especially if we contemplate the fact that others are watching us and making their own decisions about Christianity (see Words of Wisdom, page 12).

Remember, everything we do (or don't do), everything we say (or don't say) is to share the gospel, the Good News, with others. "Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven" (Matthew 5:16).

— The Team at  
Regeneration Fellowship

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## Quotes and Quips

It is in our life and conduct that we must show our devotion to Christ.

— Woodrow Wilson

People always act according to what they believe; It may not be what they say they believe, but deep down it's what they really believe.

— E. Chris Curvin

The Bible is not only a book which I can understand; it is also a book which understands me.

— Emile Caillet

It is easy to be independent when you've got money; but to be independent when you haven't got a thing, that's the Lord's test.

— Mahalia Jackson

The ultimate aim of the human mind, in all its efforts, is to become acquainted with Truth.

— Eliza Farnham

Truth is mightier than eloquence; the spirit stronger than genius; faith greater than learning.

— Martin Luther

We see the presence of divine power shining as much in the continuing state of the universe as in its inception.

— John Calvin

If God is your copilot, swap seats.

— Unknown

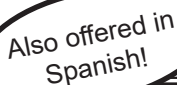


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**A WORLD ON FIRE**  
**Selected Studies on the Great Commission**  
 By David Metzler

**AN EFFECTIVE WITNESS**

*“Immediately he preached the Christ in the synagogues, that He is the Son of God (Acts 9:20).*

When Ananias laid his hands upon Saul, it was as if scales fell from Saul’s eyes, and he was instantaneously cured. That is not to say that he returned to the same condition he had been in before his encounter with Jesus on the road to Damascus. He was ever to carry about with him in the body the marks of Christ’s glory, in his eyes, which had been blinded by the heavenly light. Might this have been the thorn in the flesh to which he refers in Galatians 4:13-15 and II Corinthians 12:7-10? Perhaps. After Ananias baptized Saul in the river of Damascus, Saul broke his fast. The Scriptures report, “Saul spent some days with the disciples at Damascus” (Acts 9:19). We do not know exactly how many days he spent there with the followers of Jesus, but it was a time of revelation for the former persecutor of Christians.

Saul now stood in the scattered Jewish synagogues of Damascus and preached Jesus Christ as the Messiah. Saul resorted to Old Testament texts to prove Messianic prophecies were fulfilled in the person of Jesus of Nazareth. Saul’s training under Gamaliel stood him in good stead. He could now use his thorough knowledge of Jewish learning for the support of his new-found convictions. His methods commended his faith to those Jews who were sincerely looking for the Hope of Israel; but these, unfortunately, would not be a large proportion of his listeners. The rest of the Jews were “confounded.”

Paul had formerly been known as a zealous defender of the Jewish religion and an untiring persecutor of the followers of Jesus. Courageous independent, persevering, his talents and training would have enabled him to serve in almost any capacity. He could reason with extraordinary clearness, and by his withering sarcasm could place an opponent in no enviable light. And now the Jews saw this young man of unusual promise united with those whom he formerly persecuted, and fearlessly preaching in the name of Jesus. Devout Jews were at first astonished at Paul’s conversion, but soon astonishment turned into an intense hatred of him, like unto that which they had manifested against Jesus. Saul needed to be silenced! Saul was a student of Scripture, basing his theology on the sure word of prophecy. Do you? ■



**LIGHT FOR MY PATH**

*What the Bible Says about Grace*

For by grace are ye saved through faith; and that not of yourselves: it is the gift of God.

Ephesians 2:8

And He said unto me, My grace is sufficient for thee: for My strength is made perfect in weakness. Most gladly therefore will I reather glory in my infirmities, that the power of Christ may rest upon me.

II Corinthians 12:9

What shall we say then? Shall we continue in sin, that grace may abound?

For sin shall not have dominion over you: for ye are not under the law, but under grace.

What then? Shall we sin, because we are not under the law, but under grace? God forbid.

Romans 6:1, 14-15

For the Lord God is a sun and shield: the Lord will give grace and glory: no good thing will he withhold from them that walk uprightly.

Psalms 84:11

For the grace of God that bringeth salvation hath appeared to all men.

Titus 2:11

For the law was given by Moses, but grace and truth came by Jesus Christ.

John 1:17

Surely He scorneth the scorners: but He giveth grace unto the lowly.

Proverbs 3:34

**BREATH OF LIFE  
BIBLE COURSE  
WRITE TO: BREATH OF LIFE  
12501 OLD COLUMBIA PIKE  
SILVER SPRINGS, MD 20904**

DANIEL, VERSE BY VERSE

By

John Cloud, Clifford Goldstein, Milo Jones,  
Shenalyn Page, Curtis Rittenour, Tim Roosenberg

### Simple Results

*"Then let our countenances be looked upon before thee, and the countenance of the children that eat of the portion of the king's meat: and as thou seest, deal with thy servants. So he consented to them in this matter, and proved them ten days. And at the end of ten days their features appeared better and fatter in flesh than all the young men who ate the portion of the king's delicacies" (Daniel 1:13-15).*

Why is horse racing called the Sport of Kings? Because it costs so much money! If you want to buy a quality thoroughbred, you'll pay between \$100,000 and \$300,000. Add another \$50,000 per year for training, food, equipment (like horseshoes and saddles), and medical expenses.

So much time, money, and effort go into conditioning a horse to compete in hopes of winning an earthly prize, yet few people put the same effort into taking care of their own bodies! Many who invest so much in temporary ambitions stay up all hours of the night smoking, drinking alcohol, and eating junk food. Is it worth the gamble?

In just ten days, Daniel and his friends demonstrated the difference a good diet could make on their overall well-being. By eating simple food, they "appeared better and fatter in flesh than all the young men who ate the portion of the king's delicacies" (Daniel 1:15). They maintained a healthy weight, and instead of appearing pallid or anemic, their skin tone reflected a sound constitution.

In 2021, a worldwide study compared healthcare costs per capita with life expectancy. Among the wealthiest countries in the world, people in the United States spent an average of over \$12,000 annually on healthcare — three times more than those in Japan, who spent just over \$4,500. Despite this the U.S. ranked at the bottom for life expectancy averaging about 76 years, while Japan's life expectancy exceeded 84 years.

Many attribute this disparity to the American diet, which is a key factor contributing to chronic disease and early death. Yet, there is significant reluctance to change lifestyle habits, especially regarding what we eat. Early death can often be prevented by improving one's diet — choosing to eat from God's table instead of man's.

God blessed Daniel and his friends because they honored Him by caring for their bodies and rejecting the Babylonian diet. He can do the same for you!

**Reflect: If I were to change just one area of my life to improve my health, what would it be?**

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## Replacing the Bad

*“Thus the steward took away their portion of delicacies and the wine that they were to drink, and gave them vegetables” (Daniel 1:16).*

Are you trying to break a bad habit? One method is to replace the bad with the good. If you’re struggling with vaping, for example, choose a new and better habit when the urge to vape overwhelms you. You might pull a Scripture quotation out of your pocket (instead of a vaping device) and repeat a promise from God’s Word. Or you might pray as you take ten deep breaths of fresh air.

Daniel and his friends made a commitment not to begin the bad habit of eating the king’s delicacies or drinking his wine. When Daniel suggested to the steward that he and his companions be allowed to eat a plant-based diet for ten days, the official agreed, and God blessed. Because of Daniel’s faithfulness, the steward “took away” the bad and “gave them” the good (Daniel 1:16).

If you desire God’s blessing on your life, follow Daniel’s strategy. First, choose to always please the Lord. Commit to honoring Him in your choices and behaviors. Next, pray for the Lord to remove every barrier in your life that keeps you from fully committing yourself to Him. God did this for Daniel, and He will do it for you. And finally, rely on God’s power to help you stay true to your commitment. When you choose to honor the Lord, He promises to give you power to resist temptation and begin new habits.

Here’s a Bible promise you can put to memory: “No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it” (I Corinthians 10:13).

When you need a way of escape — need to replace the bad with the good — go to Jesus, the source of every perfect habit. He “will establish you and guard you from the evil one” (II Thessalonians 3:3).

**Reflect:** *What is one bad habit I need to replace? What could I replace it with?*

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Long life to you! Good health to you and your household! And good health to all that is yours!

1 Samuel 25:6



## Overcoming Brain Fog

*“As for these four young men, God gave them knowledge and skill in all literature and wisdom” (Daniel 17a).*

When people think of genius, a common name that arises is Stephen Hawking, the renowned British physicist born in 1942. He had



an estimated IQ of 160. However, the highest known IQ belonged to an American named William James Sidis, a child prodigy born in 1898 who entered Harvard University at age 11. His IQ was between 250 and 300! Yes, there have been some geniuses in the world. And though we don't know the IQs of the four Hebrews in Nebuchadnezzar's court, we do know that they were much brighter than the rest of the king's wise men.

But here is the question: Is it just coincidence that today's verse, describing the "knowledge and skill" of Daniel and his friends, follows verse 16, which describes their disciplined diet? Or does this order of events demonstrate a cause-and-effect relationship between what they ate (or did not eat) and what they could comprehend?

Whatever the great mysteries of consciousness and how it works, everyone knows that our brains, as part of our physical bodies, can be impacted by what we eat. After all, who hasn't experienced a little brain fog after consuming a greasy and sugary meal? Furthermore, how could Daniel and his friends expect to gain wisdom and knowledge while inebriated on the king's wine?

A healthy lifestyle, which includes a wholesome diet, leads to a healthy brain — "a sound mind" (II Timothy 1:7). For Daniel and his friends, such a mind resulted in clear perceptions of truth. This mind-body connection is much more intimate than most of us realize.

Yes, "the kingdom of God is not eating and drinking," as Romans 14:17 says, "but righteousness and peace and joy in the Holy Spirit." But how we eat and drink does, indeed, affect our understanding of God's kingdom.

**Reflect: How can I improve my diet in ways that will enable me to better serve the Lord?**

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Continued in Next Issue

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THE STORY OF  
REDEMPTION  
by E. G. White

**THE MYSTERY OF INIQUITY**  
**(Continued from Last Issue)**

**Times and Laws Changed**

The detector of error having been removed, Satan worked according to his will. Prophecy had declared that the Papacy was to “think to change times and laws” (Daniel 7:25). This work it was not slow to attempt. To give converts from heathenism a substitute for the worship of idols, and thus to promote their nominal acceptance of Christianity, the adoration of images and relics was gradually introduced into the Christian worship. The decree of a general council finally established this system of popish idolatry. To complete the sacrilegious work, Rome presumed to remove from the law of God the second commandment, forbidding image worship, and to divide the tenth commandment, in order to preserve the number.

The spirit of concession to paganism opened the way for a still further disregard of Heaven’s authority. Satan tampered with the fourth commandment also, and essayed to set aside the ancient Sabbath, the day that God had blessed and sanctified, and in its stead to exalt the festival observed by the heathen as “the venerable day of the sun.” This change was not at first attempted openly. In the first centuries the true Sabbath had been kept by all Christians. They were jealous for the honor of God, and, believing that His law is immutable, they zealously guarded the sacredness of its precepts. But with great subtlety Satan worked through his agents to bring about his object. That the attention of the people might be called to Sunday, it was made a festival in honor of the resurrection of Christ. Religious services were held on it; yet it was regarded as a day of recreation, the Sabbath being still sacredly observed.

Constantine, while still a heathen, issued a decree enjoining the general observance of Sunday as a public festival throughout the Roman Empire. After his conversion he remained a staunch advocate of Sunday, and his pagan edict was then enforced by him in the interests of his new faith. But the honor shown this day was not as yet sufficient to prevent Christians from regarding the true Sabbath as the holy of the Lord. Another step must be taken; the false sabbath must be exalted to an equality with the true. A few years after the issue of Constantine’s decree, the Bishop of Rome conferred on Sunday the title of Lord’s day. Thus the people were

gradually led to regard it as possessing a degree of sacredness. Still the original Sabbath was kept.

The archdeceiver had not completed his work. He was resolved to gather the Christian world under his banner, and to exercise his power through his representative, the proud pontiff who claimed to be the representative of Christ. Through half-converted pagans, ambitious prelates, and world-loving churchmen he accomplished his purpose. Vast councils were held, from time to time, in which the dignitaries of the church were convened from all the world. In nearly every council the Sabbath that God had instituted was pressed down a little lower, while Sunday was correspondingly exalted. Thus the pagan festival came finally to be honored as a divine institution, while the Bible Sabbath was pronounced a relic of Judaism, and its observers were declared to be accursed.

The great apostate had succeeded in exalting himself "above all that is called God, or that is worshipped" (II Thessalonians 2:4). He had dared to change the only precept of the divine law that unmistakably points all mankind to the true and living God. In the fourth commandment God is revealed as the Creator of the heavens and the earth, and is thereby distinguished from all false gods. It was as a memorial of the work of creation that the seventh day was sanctified as a rest day for man. It was designed to keep the living God ever before the minds of men as the source of being and the object of reverence and worship. Satan strives to turn men from their allegiance to God and from rendering obedience to His law; therefore he directs his efforts especially against that commandment that points to God as the Creator.



This day  
is holy.

Nehemiah 8:9

Protestants now urge that the resurrection of Christ on Sunday made it the Christian Sabbath. But Scripture evidence is lacking. No such honor was given to the day by Christ or His apostles. The observance of Sunday as a Christian institution has its origin in that "mystery of lawlessness" that, even in Paul's day, had begun its work. Where and when did the Lord adopt this child of the Papacy? What valid reason can be given for a change concerning which the Scriptures are silent?

In the sixth century the Papacy had become firmly established. Its seat of power was fixed in the imperial city, and the Bishop of Rome was declared to be the head over the entire church. Paganism had given place to the Papacy. The dragon had given to the beast "his power, and his

seat, and great authority” (Revelation 13:2). And now began the 1260 years of papal oppression foretold in the prophecies of Daniel and John (Daniel 7:25; Revelation 13:5-7). Christians were forced to choose, either to yield their integrity and accept the papal ceremonies and worship, or to wear away their lives in dungeon cells, or suffer death by the rack, the stake, or the headsman’s ax. Now were fulfilled the words of Jesus, “Ye shall be betrayed both by parents, and brethren, and kinsfolks, and friends; and some of you shall they cause to be put to death. And ye shall be hated of all men for My name’s sake” (Luke 21:16, 17). Persecution opened upon the faithful with greater fury than ever before, and the world became a vast battlefield. For hundreds of years the church of Christ found refuge in seclusion and obscurity. Thus says the prophet: “The woman fled into the wilderness, where she hath a place prepared of God, that they should feed her there a thousand two hundred and threescore days” (Revelation 12:6).

*Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.*



*Matthew 5:11*

## The Dark Ages

The accession of the Roman Church to power marked the beginning of the Dark Ages. As her power increased, the darkness deepened. Faith was transferred from Christ, the true foundation, to the pope of Rome. Instead of trusting in the Son of God for forgiveness of sins and for eternal salvation, the people looked to the pope and to the priests and prelates to whom he delegated authority. They were taught that the pope was their mediator, and that none could approach God except through him, and, further, that he stood in the place of God to them, and was therefore to be implicitly obeyed. A deviation from his requirements was sufficient cause for the severest punishment to be visited upon the bodies and souls of the offenders.

Thus the minds of the people were turned away from God to fallible, erring, and cruel men — nay, more, to the prince of darkness himself, who exercised his power through them. Sin was disguised in a garb of sanctity. When the Scriptures are suppressed, and man comes to regard himself as supreme, we need look only for fraud, deception, and debasing iniquity. With the elevation of human laws and traditions was manifest the corruption that ever results from setting aside the law of God.

## **Days of Peril**

Those were days of peril for the church of Christ. The faithful standard-bearers were few indeed. Though the truth was not left without witnesses, yet at times it seemed that error and superstition would wholly prevail, and true religion would be banished from the earth. The gospel was lost sight of, but the forms of religion were multiplied, and the people were burdened with rigorous exactions.

They were taught not only to look to the pope as their mediator but to trust to works of their own to atone for sin. Long pilgrimages, acts of penance, the worship of relics, the erection of churches, shrines, and altars, the payment of large sums to the church — these and many similar acts were enjoined to appease the wrath of God or to secure his favor; as if God were like men, to be angered at trifles, or pacified by gifts or acts of penance!

The advancing centuries witnessed a constant increase of error in the doctrines put forth from Rome. Even before the establishment of the Papacy, the teachings of heathen philosophers had received attention and exerted an influence in the church. Many who professed conversion still clung to the tenets of their pagan philosophy, and not only continued its study themselves but urged it upon others as a means of extending their influence among the heathen. Thus were serious errors introduced into the Christian faith. Prominent among these was the belief in man's natural immortality and his consciousness in death. This doctrine laid the foundation upon which Rome established the invocation of saints and the adoration of the virgin Mary. From this sprung also the heresy of eternal torment for the finally impenitent, which was early incorporated into the papal faith.

Then the way was prepared for the introduction of still another invention of paganism, which Rome named purgatory, and employed to terrify the credulous and superstitious multitudes. By this heresy is affirmed the existence of a place of torment, in which the souls of such as have not merited eternal damnation are to suffer punishment for their sins, and from which, when freed from impurity, they are admitted to heaven.

Still another fabrication was needed to enable Rome to profit by the fears and the vices of her adherents. This was supplied by the doctrine of indulgences. Full remission of sins, past, present, and future, and release from all pains and penalties incurred, were promised to all who would enlist in the pontiff's wars to extend his temporal dominion, to punish his enemies, or to exterminate those who dared deny his spiritual supremacy. The people were also taught that by the payment of money to the church they might free themselves from sin and also release the souls of their deceased friends who were confined in the tormenting flames. By such means did Rome fill her coffers and sustain the magnificence, luxury, and vice of the pretended representatives of Him who had not where to lay His head.

The Scriptural ordinance of the Lord's supper had been supplanted

**Continued on Page 13**

WORDS of WISDOM

**HERE AND NOW**

Stephen Bouman stood behind an altar in a small crypt chapel of the Church of the Annunciation in Nazareth, supposedly at the location where Mary heard she was going to have a baby. Carved into the altar was the Latin for “The Word was made flesh,” but Bouman noticed an addition: *hic*, or “here.” *Verbum caro hic factum est*, “The Word was made flesh *here*.”

Whoever authorized that inscription probably meant it to refer to that specific location. In reality, however, the Incarnation means God became flesh here on earth, for all of us. The Incarnation means we can speak of the nearness of God. It means God walks with us on earth, and that if we are saved anywhere, it is right here.

**KEEPING OUR BALANCE**

In Luke 10:38-42, Martha gets a bad rap. After all, we *need* Marthas to get things done and to show hospitality. (Note that Martha is the one who opens up her home to Jesus in the first place!) But when we become “worried and distracted” as Martha did (v. 41), we’re tempted to trade God’s “one thing” (v. 42) for the world’s many worthless things. If we’re only like Mary, we may forget to let the world know the good news. Let’s keep a proper balance between our inner Mary and our inner Martha. Take time to “be Mary” so that all the things we do as Martha have meaning and serve our Lord.

**THE LOVE GOD DESIRES**

God’s love is never meant to stop with us; it’s meant to flow through us. When we love others, we reflect his very heart. As I John 4:12 (NIV) reminds us, “If we love one another, God lives in us and His love is made complete in us.”

This is the true mark of a Christian — love that reaches beyond comfort zones, opinions and differences. Jesus said in John 13:35 (NIV), “By this everyone will know that you are My disciples, if you love one another.”

The world is watching, not to see how loudly we profess our faith but how deeply we practice it. Every act of compassion, every gentle word and every moment of grace reveals something divine — God’s love at work in us. The more we give that love away, the more it grows within us, mirroring the heart of Christ, who gave Himself for all.

So ask yourself: Does the world recognize you as his disciple by the way you love?



**“LEARN FROM ME”**

You may recall that many followers of Jesus called him “Rabbi.” In essence, the word means teacher. Clearly the word describes the brilliant Nazarene who was constantly teaching His listeners about God and God’s expectations of humans.

In a secular society, it is of paramount importance that the teachings of Christ be proclaimed and affirmed wherever possible. In the early days of our country, it was customary for public schools to teach reading, writing and arithmetic, as well as Christian principles. Subjects being taught were presented in a setting of morality, religion, and character development. An 1836 reading book compiled by William H. McGuffey contained such themes as self-denial, temperance, obedience, and avoiding laziness, profanity, stealing, and vanity.

In our time however, our families and churches have a great responsibility. Church attendance, not only for children but for adults as well, must be of primary importance. Prayer, as well as discussion of social issues from a Christian point of view, must be practiced in the home and church. We must learn and teach about Christ.

“Learn from Me,” Jesus said. “Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls” (Matthew 11:29). Where shall we learn from Him or of Him, if not in our homes and churches?

**THE STORY OF REDEMPTION****Continued from page 11**

by the idolatrous sacrifice of the mass. Papist priests pretended, by their senseless pageantry, to convert the simple bread and wine into the actual body and blood of Christ. With blasphemous presumption they openly claimed the power to “create their Creator.” All Christians were required, on pain of death, to avow their faith in this horrible, Heaven-insulting heresy. Those who refused were given to the flames.

The noontide of the Papacy was the world’s moral midnight. The Holy Scriptures were almost unknown, not only to the people, but to the priests. Like the Pharisees of old, the papist leaders hated the light that would reveal their sins. God’s law, the standard of righteousness, having been removed, they exercised power without limit, and practiced vice without restraint. Fraud, avarice, and profligacy prevailed. Men shrank from no crime by which they could gain wealth or position. The palaces of popes and prelates were scenes of the vilest debauchery. Some of the reigning pontiffs were guilty of crimes so revolting that secular rulers endeavored to depose these dignitaries of the church as monsters too vile to be tolerated upon the throne. For centuries there was no progress in learning, arts, or civilization. A moral and intellectual paralysis had fallen upon Christendom. ■

**CONTINUED IN THE NEXT ISSUE**

## YOUR BIBLE QUESTIONS . . . ANSWERED

### Is it bad for a Christian to see a good movie?

*“Whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy — meditate on these things” (Philippians 4:8).*

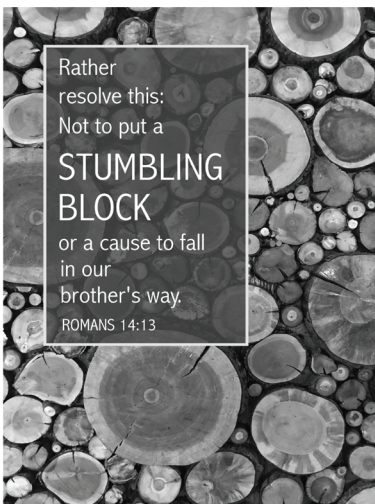
What we put into our minds is extremely important, as it affects our spiritual lives. The vast majority of movies do not fit the Bible’s criteria of what we should allow into our minds. Many movies that are considered “good” movies have themes that are contrary to the Bible and Christian life.

Scripture tells us that we “beholding as in a mirror the glory of the Lord, are being transformed into the same image” (II Corinthians 3:18). Looking at Christ makes us more like Christ, but the opposite applies as well. What we look at has a definite effect on our thoughts, beliefs, motivations, goals, and characters. Most movies feature violence, sexual content, and foul language — things that Christians should steer away from. None of this can help us become more like Christ.

But suppose there is an innocent, G-rated film that you would like to see. What’s wrong with going to the theater to watch it? There are a couple of things you might want to consider. First, if you go to a G-rated movie, you will still expose yourself to advertisements and previews that are not so wholesome, and you might be tempted to come back and see a bad movie. In other words, it opens the door for compromise.

Also, as a Christian, you want to set a good example for others. If someone you know sees you going into a theater, they don’t know what movie you’re there to see. They could actually use your mere presence at the cinema as an excuse to attend another movie of their choice. The apostle Paul put it this way: “Therefore let us not judge one another anymore, but rather resolve this, not to put a stumbling block or a cause to fall in our brother’s way (Romans 14:13).

— D.B.



**Bible Puzzles****I'VE JUST SEEN JESUS:  
POST RESURRECTION APPEARANCES**

Provide the answers for these post-resurrection appearances.

1. The first of Jesus's friends to see Him alive again \_\_\_\_\_
2. The first to reach the tomb and look inside \_\_\_\_\_
3. The second to reach the tomb and look inside \_\_\_\_\_
4. What the disciples thought they saw when Jesus first appeared to them  
\_\_\_\_\_
5. The town the two disciples were going to when Jesus joined their walk  
\_\_\_\_\_
6. The disciple who was not with the Twelve when Jesus appeared after  
passing through locked doors \_\_\_\_\_
7. Jesus showed Thomas this to erase his doubts about Jesus  
\_\_\_\_\_
8. What Jesus was making for the disciples when they came in from fishing  
\_\_\_\_\_
9. The largest number of people who saw Jesus at once after the resurrection  
(according to Bible accounts) \_\_\_\_\_
10. This was where Jesus and His followers were when He ascended to heaven  
\_\_\_\_\_

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Answers to questions can be found on Page 17

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*Florida Prison Ministries* can now be found on the web!

You have access to information about our programs including our halfway houses, penpal program, LAMB, newsletters, Bible lessons, training, and more.

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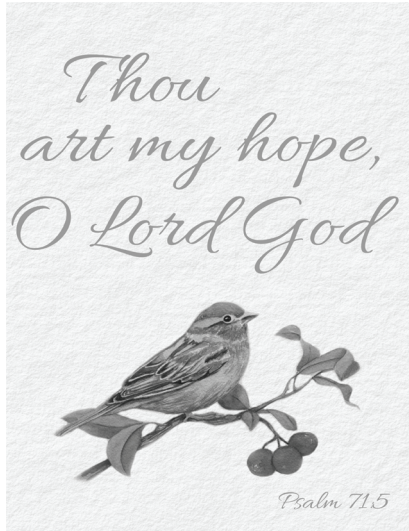
**YOUR TURN**



The Solitary Bird

A solitary bird,  
On the window sits,  
Singing of freedom,  
In fleeting fits.  
Its melody,  
A balm to weary hearts  
In its song,  
Hope's whisper starts.

— Anonymous



HELP! "YOUR TURN" IS YOUR PAGE! WE ARE IN DESPERATE NEED OF POEMS, ART WORK, AND (VERY SHORT) PROSE (LIMIT ONE PAGE), WITHOUT YOUR WORK, WE ARE UNABLE TO KEEP THIS PAGE GOING. PLEASE SEE ADDRESS ON PAGE 16 FOR SUBMISSIONS.

**Note: Art work is best displayed if submitted on unlined paper. Please write legibly and place your full name on each page to ensure credit for your work. We apologize for any errors due to illegible handwriting.**



Your Turn \* Regeneration Fellowship \* Florida Prison Ministries  
P.O. Box 162685 \* Altamonte Springs, FL 32716

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**DANIEL AND  
REVELATION**

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**Bible Puzzle  
Answers**

- |                   |                     |
|-------------------|---------------------|
| 1. Mary Magdalene | 6. Thomas           |
| 2. John           | 7. hands and side   |
| 3. Peter          | 8. breakfast        |
| 4. a ghost        | 9. 500              |
| 5. Emmaus         | 10. Mount of Olives |

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for the  
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\_\_\_\_ Please pray for:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_ Please send the Newsletter to this (these) inmate(s):  
(Florida inmates only)

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_ Please send me this Bible Study Course:  
(Florida inmates only)

- \_\_\_\_ Steps to Eternal Life
- \_\_\_\_ Pasos para la Vida Eterna

My Bible question is: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

My name and address is:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Steps to Eternal Life (Basic Course)*

Also available as: *Pasos Para La Vida Eterna*  
(Florida Inmates Only)

*Write to: Regeneration Fellowship*  
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Below is the index for the Chain Bible Marking Guide. Cut this out, and place it in your Bible. Each Number represents the first Bible reference in a Bible study topic. Go to that Bible text and mark it with the number and letters in the second column. Each month a new text guide will appear underneath the Chain Bible Marking Guide Index. After listing the first text as shown in column 2, write the reference for the second verse of the topic in the margin so that you can turn

there next. Do this until all verses are marked. Now you are ready to share a Bible study on the given topic with a friend or acquaintance, with your verses listed in order.

### DISCOVERING THE TRUTH ABOUT:

SUBJECT	LABEL	FIRST VERSE
1- ANGELS	1A	Heb. 1:13, 14
2.-GOD'S PURPOSE FOR WORLD	1P	Eccl. 1:4
3-THE WAY OF SALVATION	1WS	Matt. 19:16
4-NEARNESS OF CHRIST'S RETURN	1NR	Matt. 24:3
5-SECOND COMING OF CHRIST	1SC	Heb. 9:28
6-BIBLE TEMPERANCE	1BT	1 Cor. 10:31
7-MILLENNIUM	1M	Rev. 20:5
8-MOST WONDERFUL PROPHECY IN BIBLE	1WP	Dan. 8:3-14
9-MEANING OF HELL	1MH	1 Cor. 15:55
10-WHERE ARE THE DEAD?	1WD	Eccl. 12:7
11-PUNISHMENT OF THE WICKED	1PW	2 Pet. 2:9
12-HEAVEN	1H	2 Cor. 12:2
13-CHRISTIAN'S RULE OF LIFE	1CR	Jam. 2:8-12
14-JESUS, OUR HIGH PRIEST	1HP	Dan. 8:14
15-LORD'S DAY	1LD	Rev. 1:10
16-FIRST DAY OF WEEK	1FD	Mark 16:9
17-CHANGE OF SABBATH	1CS	Ex. 20:8-11
18-GREAT DAY OF JUDGMENT	1JD	Acts 17:31
19-THE PRESENT TRUTH	1PT	2 Pet. 1:12
20-SEVEN LAST PLAGUES	1SP	Rev. 15:1
21-SEAL OF THE LIVING GOD	1SG	Rev. 7:1-3
22-MARK OF THE BEAST	1MB	Rev. 14:9-11.14
23-HOW TO KEEP SABBATH	1KS	Ex. 20:8
24-CHRISTIANS IN DRESS	1CD	1 Cor. 10:31
25-BAPTISM	1B	Mark 16:16
26-THE TRUE CHURCH	1TC	Rev. 12:1
27-BIBLE PLAN TO SUPPORT GOD'S WORK	1SW	Deut. 8:16
28-GOD'S GATHERING CALL	1GC	Rev. 17:3, 4

**No. 5 THE SECOND COMING OF CHRIST: 1SC: Hebrews 9:28; 2SC: John 14:1-3; 3SC: Luke 24:36-43, 50, 51; 4SC: Acts 1:9-11; 5SC: Revelation 1:7; 6SC: Revelation 6:15-17; 7SC: Matthew 25:31; 8SC: Matthew 24:30, 31; 9SC: I Thessalonians 4:16, 17; 10SC: Philippians 3:20, 21.**